



# VENKAT RAMAKRISHNAN

## Plastic surgeon

### CONTACT

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### SECRETARIES

NHS: Beverley Poel  
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Professor Venkat Ramakrishnan is a Consultant Plastic Surgeon at the St Andrew's Centre for Plastic Surgery and Burns, Chelmsford, United Kingdom. His main area of work is microsurgical reconstruction of the breast and aesthetic surgery of the breast. His secondary interests are microsurgical reconstruction of the chest wall, abdomen, and lower limb.

He has a major role as a trainer in microsurgery and was the inaugural Tutor in plastic surgery at the Royal College of Surgeons of England, London. He was the Director of the St Andrew's Centre and has had roles in the BAPRAS Council and the project board of the National Mastectomy and Reconstruction audit. He is a member of the Editorial Board of the Journal of Plastic, Reconstructive and Aesthetic Surgery and Archives of Plastic Surgery and Chairman of the Microsurgery Subcommittee of the British Association of Plastic, Reconstructive and Aesthetic Surgeons. He is a fellow of the Royal College of Surgeons of England and the Royal Australasian College of Surgeons.

Mr. Ramakrishnan has over 100 publications in peer reviewed journals. He has given numerous presentations and keynote addresses at international meetings, including the *Susruta* oration at the Association of Plastic Surgeons of India and the *Gillies* oration at the British Association of Plastic Surgeons. His main areas of research and audit work are in microsurgical techniques, service delivery and microcirculation in free flaps. He is a visiting Professor at the Anglia Ruskin University, and a consultant at Apollo hospitals, India.

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## ACADEMIC QUALIFICATIONS

### **MBBS**

16<sup>th</sup> September 1983

Madras Medical College  
Madras University  
Madras, South India

### **MS General Surgery**

20<sup>th</sup> September 1986

Madras Medical School  
Madras University  
Madras, South India

### **FRACS Plastic Surgery**

7<sup>th</sup> May 1990

Royal Australasian College of Surgeons,  
Melbourne, Australia

### **FRCS England**

12<sup>th</sup> February 1998

Royal College of Surgeons of England, London  
(awarded ad eundem)

## PROFESSIONAL EXPERIENCE

### Training posts

February 1982 – July 1991

Postgraduate Degree Course in General Surgery (Madras)  
Registrar in Plastic Surgery (Adelaide)  
Microsurgical Fellowship (Adelaide)

### Consultant posts

August 1991 – November 1991

Locum Consultant Plastic Surgeon

North East Regional Plastic and Burns Unit,  
St Andrew's Hospital, Billericay, Essex, UK

April 1992 – May 1995

Consultant Plastic Surgeon, Malar Hospitals,  
Lady Willingdon Hospital & Apollo Cancer  
Hospital, Madras, South India

June 1995 – December 2001

Consultant Plastic Surgeon, Hull & East Yorkshire  
Hospitals NHS Trust, Hull, East Yorkshire, UK

January 2002 – to date

Consultant Plastic Surgeon, Mid Essex Hospitals NHS Trust, St.  
Andrew's Centre for Plastic Surgery, Broomfield Hospital,  
Chelmsford, Essex UK

### Other posts:

April 1998 – April 1999

Lecturer in Plastic Surgery at the University of  
Bradford, to supervise research and development of  
instrumentation for soft tissue endoscopy

June 1999 – Dec 2002

Senior Lecturer in Plastic Surgery, University of Hull

October 2000 – Dec 2003

Plastic Surgery National Tutor, Royal College of Surgeons of  
England, London

January 2003 - 2011

Director, Pan Thames Educational Programme

June 2004 - 2010

Service Director, Specialty Directorate, MEHT, Chelmsford, Essex  
UK

June 2007 - 2011

Member, Project Board, National Mastectomy & Immediate  
Reconstruction Audit, Health Care Commission

June 2005 - June 2007

Chairman, BAPRAS Educational Programme

July 2011 - July 2014

Visiting Professor at the University of Westminster

October 2011 – to date

Visiting Professor at Anglia Ruskin University

**MEMBERSHIPS OF  
INTERNATIONAL SOCIETIES,  
EDITORIAL BOARDS,  
UNIVERSITIES  
(Past and present)**

Council member, British association of Plastic Surgeons

First National Tutor for Plastic Surgery at the Royal College of Surgeons, England

Trustee, Breast reconstruction awareness charity

Beautiful A.B.C. – The Beautiful After Breast Cancer Foundation: Committee for Scientific Research

Regenerys – Clinical Advisory Board

Editorial Board: Journal of Plastic, Reconstructive & Aesthetic Surgery

Archives of Plastic Surgery – Associate Editor

The British Association of Aesthetic Plastic Surgeons

The British Association of Reconstructive and Plastic Surgeons

Visiting Professor: Anglian Ruskin University

Visiting Professor: City of West Minster University

Member, British Association of Plastic, Reconstructive and Aesthetic surgeons

Member, British Association of Aesthetic Plastic Surgeons

Member, ExCo, European Federation of Microsurgical Societies

Chairman, Microsurgery Sub Committee, British Association of Plastic, Reconstructive and Aesthetic Surgery

Chairman, BAPRAS educational programme

Member, Gandhiniketan Ashram Executive committee

Consultant, Mentor Medicals, Division of J&J

## PROFESSIONAL CAREER

Hand surgical practice alongside *Professor.R.Venkataswami* between 1992 and 1996, in Madras. This involved Major trauma including replantation, Elective surgery including Toe Transfers, Functional Muscle Transfers and Brachial Plexus Surgery.

Management of *Major Leg trauma* formed a big part of the Work between 1996 and 2002 in Hull. During this period, *Endoscopic Flap harvesting* was a special interest. Evolved new techniques to harvest latissimus dorsi and gracilis muscle flaps. Established courses on Endoscopic flap harvest during this time.

Was appointed as the *First National Tutor at Royal College of Surgeons* in 1998 and served in this role till 2005. Developed 20 courses at the college for Plastic Surgeons and many are still going on. Organised the *9<sup>th</sup> International Perforator course* in 2003 at the RCS, London.

Pioneered the introduction of the *Microsurgical breast reconstruction in the United Kingdom*. Developed a busy microsurgical Breast reconstruction service at the St Andrews centre for Plastic surgery and Burns, between 2002 and 2020.

As the *service director for St Andrews centre* between 2003 and 2012, managed a budget of £40 million. Increased the consultant number from 7 to 16, added another operating room, developed an international profile of the unit with national and international meeting hosted at the centre, numerous international visitors, research projects and publications.

A keen interest in training has led to the *Microsurgical Fellowship programme*, which has been training two microsurgeons a year, over the past two decades. Today, there are past fellows from this programme, working as consultants in many units in the UK, Europe, Australia, India, Singapore, United States and New Zealand.

Initiated and established a *microsurgical subcommittee* in British Association of Plastic, Reconstructive and Aesthetic Surgeons.

# PUBLICATIONS

## Book chapters

### **Landmark papers in Plastic surgery**

Chapter 17: Breast reconstruction  
Springer Nature in print

### **Breast reconstruction – Your choice**

Edited by Dick Rainsbury and Virginia Stryker  
Class Publishing ISBN 978-1-85959-197-0  
Chapter: Reconstruction of the nipple and areola by Venkat Ramakrishnan and Diana Slade Sharman

### **Surgical simulation and training**

Edited by Jamie L Huang  
Nova Publishers ISBN: 978-1-61668-437-2  
Chapter: Microsurgery by Woan Yi Chan and Venkat Ramakrishnan

### **Breast, Endocrine and Surgical Oncology**

Edited by Brendon J Coventry  
Springer ISBN: 978-1-4471-5421-1  
Chapter: Breast Surgery by Venkat V Ramakrishnan

### **Plastic Surgery**

Edited by Peter Nelligan  
Elsevier ISBN: 9780323356978  
Chapter: Medial Thigh flaps for Breast reconstruction by Nakul Patel and Venkat V Ramakrishnan

### **Clinics in Plastic Surgery- Microsurgery, Global perspectives**

Edited by Jo Boe Tang  
Elsevier ISBN: 9780323524278  
Chapter: Microsurgical tissue transfer in Breast reconstruction by Nakul Patel and Venkat V Ramakrishnan

### **Clinical Scenarios in Reconstructive Microsurgery**

Edited by Andreas Gravannis, Kakagia Despoinia, Venkat V Ramakrishnan  
Springer – published May 2022  
Chapter: Stacked Fee Flaps for Breast Reconstruction

### **Breast reconstruction – Your Choice**

Edited by Dick Rainsbury and Siobhan Laws  
Class Publishing ISBN 978 1-85959-952-5  
Chapter: Free TRAM flap reconstruction (DIEP flap) by Mary Morgan and Venkat Ramakrishnan

## 2023

### **Breast Reconstruction – (pp 793-805)**

Chapter: The Extended Diep Flap by Michael P Chae, Venkat Ramakrishnan and David J Hunter-Smith

## 2022

### Stacked DIEP and TUG flaps for breast reconstruction: Expanding the scope of Autologous breast reconstruction

Authors: T Roggio, N Pantelides, M Morgan, V Ramakrishnan  
Source: JPRAS June 2022

## 2021

### Unilateral breast reconstruction using double transverse gracilis (TUG) flaps

Authors: N Pantelidis, T Roggio, M Morgan, V Ramakrishnan  
Source: JPRAS October 2021

### St Andrew's Covid-19 surgery safety (StACS) study: Elective plastic surgery, trauma & burns

Authors: BH Miranda, WRM Hughes, R Pinto-Lopes, BS Mathur, VV Ramakrishnan, MK Sood  
Source: JPRAS January 2021

### Preliminary report of a National Audit of Aesthetic Surgery practice in the United Kingdom during COVID-19 pandemic

Authors: T Sankar, N Nugent, N.Patel, V Ramakrishnan  
Source: JPRAS May 2021

### Aesthetic practice resumption in the United Kingdom following COVID-19 pandemic

Authors: T Sankar, N Nugent, N.Patel, V Ramakrishnan  
Source: Aesthetic surgery Journal of American society of Aesthetic surgery

## 2020

### Safety of major reconstructive surgery during the peak of the COVID-19 pandemic in the United Kingdom and Ireland – multicentre national cohort study

Authors: N.G. Patel, D. Reissis, M. Mair, ... A. Mosahebi, V. Ramakrishnan, ReconSurg Collaborative  
Source: JPRAS December 2020

Comparison of PEAK PlasmaBlade™ to conventional diathermy in abdominal-based free-flap breast reconstruction surgery—A single-centre double-blinded randomised controlled trial  
Authors: T.R. Friebel, N. Narayan, V. Ramakrishnan, M. Morgan, S. Cellek, M. Griffiths  
Source: JPRAS December 2020

Characteristics and outcomes of primary vascular grafts in free flap breast reconstruction  
Authors: Ayush Kapila, Abhijeet Wakure, Mary Morgan, Tasneem Belgaumwalla, Venkat Ramakrishnan  
Source: JPRAS June 2020

The needle splint technique: A method of accurate apposition and eversion during microvascular anastomoses  
Authors: Georgios Pafitanis, Gurjinderpal Singh Pahal, Venkat Ramakrishnan  
Source: Plastic and recons surg 2020

Therapeutic mammaplasty is a safe and effective alternative to mastectomy with or without immediate breast reconstruction  
Authors: Various including Venkat Ramakrishnan  
Source: British Journal of Surgery February 2020

International microsurgery simulation society (IMSS) consensus statement on the minimum standards for a basic microsurgery course, requirements for a microsurgical anastomosis global rating scale and minimum threshold for training  
Authors: Ali Ghanem, Marie Kearns, Alberto Ballstein, Venkat Ramakrishnan et al  
Source: Injury February 2020

Current Risk Estimate of Breast Implant-Associated Anaplastic Large Cell Lymphoma in Textured Breast Implants  
Authors: Yezen Sheena, Simon Smith, Sacha Dua, Mary Morgan, Venkat Ramakrishnan  
Source: PRS February 2020

The use of plasmakinetic cautery compared to conventional electrocautery for dissection of abdominal free flap for breast reconstruction: Single-centre randomized study

2019

Authors: Whitney T. H. Chow, Georgette Oni, Venkat Ramakrishnan  
Source: Gland Surgery June 2019

Risk Factors and timing of postoperative hematomas following microvascular breast reconstruction: A prospective cohort study  
Authors: Robert Phan, Warren M Rozen, Muhammed Chowdhry David J. Hunter-Smith, Venkat Ramakrishnan  
Source: Microsurgery Wiley Online Library Journal May 2019

The impact of immediate breast reconstruction on time to delivery of adjuvant therapy: The IBRA2 study  
Authors: Various including Venkat Ramakrishnan  
Source: British Journal of Cancer April 2019

100 Steps of a DIEP Flap – A Prospective Comparative Cohort Series Demonstrating the Successful Implementation of Process Mapping in Microsurgery  
Authors: Hrsikesa R Sharma, Warren M Rozen, Bhagwat Mathur, Venkat Ramakrishnan  
Source: PRS Global Open January 2019

## 2018

Plastic Surgeon-Led Ultrasound  
Authors: Georgette Oni, Whitney T. H. Chow, Venkat Ramakrishnan  
Source: Plastic and Reconstructive Surgery February 2018

Do modern methods of post-mastectomy immediate breast reconstruction for breast cancer delay adjuvant therapy?  
Authors: Abdul Rahim Syed, Harun Thomas, Simon Smith, Venkat Ramakrishnan  
Source: Glob Surgery January 2018

## 2017

A systematic review of intraoperative process mapping in surgery  
Authors: Ru Dee Chung, David J Hunter-Smith, Robert T Spychal, Venkat Ramakrishnan  
Source: Gland Surgery December 2017

Microsurgical refinements with the use of internal mammary (IM) perforators as recipient vessels in transverse upper gracilis (TUG) autologous breast reconstruction  
Authors: Samer Saour, Guido Libondi, Venkat Ramakrishnan  
Source: Gland Surgery August 2017

Enhancing breast projection in autologous reconstruction using the St. Andrew's coning technique and 3D volumetric analysis  
Authors: Michael Chae, Warren Rozen, Nakul Patel, David Hunter-Smith, Venkat Ramakrishnan

Source: Gland Surgery June 2017

Safety of autologous fat banking – A report on the Regenerys Pilot Study: A pilot study to determine the safety and efficacy of autologous tissue banking in breast reconstruction following cancer excision

Authors: Andrew Pieri, David Haddow, Elizabeth Baker, Venkat Ramakrishnan, Elaine Sasse, Eva Weiler-Mithoff, Pud Bhaskar  
Source: European Journal of Surgical Oncology May 2017

2016

Improving decision-making in contralateral mastectomy requests: Comparison between contralateral risk estimates and retrospective MDT decisions

Authors: Sunita Chew-Yin Saha, Rosamond Jacklin, Sascha Miles-Dua, Simon Smith, Venkat Ramakrishnan  
Source: European Journal of Surgical Oncology May 2016

TUGs into VUGs and Friendly BUGs: Transforming the Gracilis Territory into the Best Secondary Breast Reconstructive Option

Authors: B.Craggs, N.Patel, W.Rozen, V Ramakrishnan, M Hamdi  
Source: Plastic and Reconstructive Surgery May 2016 volume 137, Number 5- Letters

Modern use of smartphone applications in the perioperative management in microsurgical breast reconstruction

Nakul Gamanlal Patel, Warren M Rozen, Whitney T. H. Chow, Venkat Ramakrishnan  
Source: Gland Surgery April 2016

Increasing options in autologous microsurgical breast reconstruction: four free flaps for 'stacked' bilateral breast reconstruction

Authors: Warren Matthew Rozen, Nakul Gamanlal Patel, Venkat V Ramakrishnan  
Source: Gland Surgery April 2016

Pre-operative computed tomography angiography for planning DIEP flap breast reconstruction reduces operative time and overall complications

Authors: Edmund Fitzgerald O'Connor, Warren Matthew Rozen, Muhammad Chowdhry, Bassam Band, Venkat V Ramakrishnan, Matthew Griffiths  
Source: Gland Surgery April 2016

Stacked and bipedicled abdominal free flaps for breast reconstruction: considerations for shaping

Authors: Nakul Gamanlal Patel, Warren Matthew Rozen, Whitney T.H. Chow, Muhammad Chowdhry, Edmund Fitzgerald O'Connor, Hrsikesa Sharma, Matthew Griffiths, Venkat V Ramakrishnan  
Source: Gland Surgery April 2016

The microvascular anastomotic coupler for venous anastomoses in free flap breast reconstruction improves outcomes

Authors: Edmund Fitzgerald O'Connor, Warren Matthew Rozen, Muhammad Chowdhry, Nakul Gamanlal Patel, Whitney T.H. Chow, Matthew Griffiths, Venkat V. Ramakrishnan

Source: Gland Surgery April 2016

Three routine free flaps per day in a single operating theatre: principles of a process mapping approach to improving surgical efficiency

Authors: Dan Marsh, Nakul Gamanlal Patel, Warren Matthew Rozen, Muhammed Chowdhry, Rishikesh Sharma, Venkat V Ramakrishnan

Source: Gland Surgery April 2016

Microsurgical Reconstruction of Large Oncologic Chest Wall defects for Locally advanced Breast cancer or Osteoradionecrosis: A retrospective Review of 26 Cases over a 5-year Period

Authors: Reza Arya, Whitney T Chow, Warren Rozen, Nakul Patel, Matthew Griffiths, Samir Shah, Venkat Ramakrishnan

Source: J Reconstructive Microsurgery 2016;32:121-127

Four-flap Breast Reconstruction with Bilateral Stacked Flap

Authors: Warren M. Rozen, Nakul Gamanlal Patel, Barbara Susan Craggs, Venkat Ramakrishnan

Source: Plastic and Reconstructive Surgery 137 (2). January 2016

Microsurgical Reconstruction of Large Oncologic Chest Wall Defects for Locally Advanced Breast Cancer or Osteoradionecrosis: A Retrospective Review of 26 Cases over a 5-Year Period

Authors: Reza Arya, Whitney T. H. Chow, Nakul Gamanlal Patel, Venkat Ramakrishnan

Source: Journal of Reconstructive Microsurgery August 2015

Novel use of the superficial inferior epigastric vein lifeboat in DIEP flap harvest

Authors: Nakul Gamanlal Patel, Venkat Ramakrishnan, Warren M. Rozen

Source: European Journal of Plastic Surgery 38(5). May 2015

A Multidisciplinary Team Approach Minimises Prophylactic Mastectomy Rates

Authors: Daniel R. Leff, Cherrie Ho, Harun Thomas, Venkat Ramakrishnan

2015

Source: European Journal of Surgical Oncology 41(8). April 2015

Correspondence and Communications – Chyle leak after axillary lymph node dissection

Authors: Whitney T.H. Chow, Warren Matthew Rozen, Nakul Gamanlal Patel, Venkat V Ramakrishnan

Source: Journal of Plastic Reconstructive & Aesthetic Surgery: JPRAS January 2015

Breast Reduction

Authors: G.S. Pahal and Venkat Ramakrishnan

Source: Evidence-Based Cosmetic Surgery January 2015

Five recipient vessels for metachronous chest wall reconstruction: Case report and literature review

Authors: Whitney TH Chow, Warren M Rozen, Nakul Gamanlal Patel, Venkat V Ramakrishnan

Source: Microsurgery 2015

Plastic and reconstructive robotic microsurgery a review of current practices

Authors: D.B.Saleh, M.Syed, D.Kulendran, V Ramakrishnan, P.A Liverneaux

Source: Annales de chirurgie plastique esthetique (2015) 60, 305-312

2014

Evaluation of a New Skin Closure Device in Surgical Incisions Associated with Breast Procedures

Authors: Blondeel, Phillip N; Richter, Dirk; Stoff, Alexander; Exner, Klaus; Jernbeck, Jan; Ramakrishnan Venkat

Source: Annals of Plastic Surgery, Volume 73, Number 6, December 2014

21 year follow up of a DIEP (deep inferior epigastric perforator) flap: A tale of a "nulltiple"

Authors: Reza Arya, Claghan Healy, James D Frame, Venkat Ramakrishnan

Source: Journal of Plastic, Reconstructive & Aesthetic Surgery: JPRAS May 2014

A multidisciplinary team approach to risk-reducing surgery – Lesson from a 2-year retrospective review

Authors: Daniel R. Leff, Richard Daniels, Harun Thomas, Simon Smith, Venkat V Ramakrishnan

Source: European Journal of Surgical Oncology 40 (5):645 May 2014

Autologous free-tissue reconstruction may be the preferred option for primary breast reconstruction

Authors: Whitney TH Chow, Natalie Pease, Venkat Ramakrishnan, Mat Griffiths

Source: European Journal of Surgical Oncology 40 (5): 663.May 2014

Confirming perforator patency and cross midline arterial arborisation in DIEP flap surgery.

Authors: Dan J Marsh, Nakul Patel, Venkat V Ramakrishnan

Source: Journal of Plastic, Reconstructive & Aesthetic Surgery: JPRAS May 2014

Short Transfer of Free Flaps for Breast Reconstruction Using Internal Mammary Artery Perforators as Recipient Vessels: A Prospective Consecutive Case Series

Authors: Ali M. Ghanem, Whitney TH Chow, Ahid Abood, Venkat Ramakrishnan

Source: Journal of Reconstructive Microsurgery 30 (S 01). April 2014

The Prevalence of Abnormal Coagulation Tests in Patients Undergoing Abdominal Based Free Flap Surgery for Breast Reconstruction – An Audit Based Practice Recommendation

Authors: Whitney TH Chow, Ali M Ghanem, Evgenia Theodorakopoulou, Venkat V Ramakrishnan

Source: Journal of Reconstructive Microsurgery 30 (S 01). April 2014

Reply: Venous thromboembolism prophylaxis for abdominal free tissue breast reconstruction: A multicentre survey.

Authors: W T H Chow, V Ramakrishnan, M Griffiths

Source: Journal of Plastic Reconstructive & Aesthetic Surgery: JPRAS March 2014

Salvage of finger length in septicemic necrosis using 3 free flaps from a single anterolateral thigh donor site

Authors: Caulfield, R., Maleki-Tabrizi, A., Birch, J., Ramakrishnan V.

Source: Annals of Plastic Surgery Volume 60, Issue 6 (2008) pages 623 – 625. Cited in Elsevier journal February 2014

Transverse upper gracilis flap with implant in postmastectomy breast reconstruction: A case report.

Authors: Emilio Trignano, Nefer Fallico, Luca A Dessy, Andrea F Armenti, Nicolò Scuderi, Corrado Rubino, Venkat Ramakrishnan

Source: Microsurgery: February 2014

## 2013

Post-operative assessment of perfusion of Deep Inferior Epigastric Perforator (DIEP) free flaps via Pulsatility Index (PI) using a portable colour Doppler sonogram device.

Authors: Reza Arya, Louisa Griffiths, Andrea Figus, David King, Venkat Ramakrishnan, Matthew Griffiths

Source: Journal of Plastic Reconstructive & Aesthetic Surgery: April 2013

Intraoperative Esophageal Doppler Hemodynamic Monitoring in Free Perforator Flap Surgery

Authors: Figus, Andrea; Wade, Ryckie G.; Oakey, Stephen; Ramakrishnan, Venkat V

Source: Annals of Plastic Surgery. 70(3):301-307, March 2013

Autologous Microvascular Breast Reconstruction

Authors: Cláraigh Healy and Venkat Ramakrishnan

Source: Archives of Plastic Surgery; 40(1): 3–10. January 2013

The St Andrew's Recipient Algorithm of Breast Reconstruction: A Comparison Analysis with Other Microsurgical Units in the World.

Authors: Liem, Anita, Ramakrishnan, Venkat

Plastic & Reconstructive Surgery 131(1):127e-128e, January 2013

doi: 10.1097/PRS.0b013e318272a16f

A DIEP Perforator with a Twist!

Authors: H.J. Sheikh, C. Healy, V. Ramakrishnan

Source: Journal of Plastic, Reconstructive & Aesthetic Surgery – Volume 65 Issue 11 (Pages e318 – e319) November 2012

A Comparison of a New Skin Closure Device and Intradermal Sutures in the Closure of Full-Thickness Surgical Incisions

Authors: Dirk Richter, Alexander Stoff, Venkat Ramakrishnan, Klaus Exner, Jan Jernbeck, Phillip N. Blondeel

Source: Plastic and Reconstructive Surgery, Volume 130, Number 4:843-850, Oct 2012

Venous perforators in DIEP flaps: An observational analytical study using duplex ultrasonography

Authors: Andrea Figus, Ryckie G Wade, Louise Gorton, Corrado Rubino, V Ramakrishnan

Source: Volume 65, Issue 8, August 2012, Pages 1051-1059

Microsurgical reconstruction of complicated extended Latissimus dorsi flap donor sites: A report three cases

Authors: Reza Arya, Ramakrishnan Venkat

Source: Journal of Plastic Reconstructive & Aesthetic Surgery Vol. 65, Issue 12, Pages 1660-1663

## 2012

**2010**

The Extended DIEP Flap: Extending the possibilities for breast reconstruction with tissue from the lower abdomen (doi/10.1002/micr.21975/abstract)

Authors: Maziar Shafighi, Mihai A. Constantinescu, Georg M Huemer, Radu Olariu, Harald M Bonel, Andrej Banic and Venkat Ramakrishnan

Source: Microsurgery March 2012

The Thoracodorsal Artery and Vein as Recipient Vessels for Microsurgical Breast Reconstruction

Authors: Banwell, Miles; Trotter, Dean; Ramakrishnan, Venkat

Source: Annals of Plastic Surgery. 2012. 68(5):542-543

'Mini' free groin flap for treatment of a tufted angioma of the finger

Authors: D Collins, N J Sebire, A Barnacle, V Ramakrishnan, L Kangesu

Source: Volume 64, Issue 5, May 2011, Pages e128-e131

Perioperative use of Herbal, Complementary and Over the Counter Medicines in Plastic Surgery Patients

Authors: Declan Collins, Steve Oakey, Venkat Ramakrishnan

Source: E plasty. 2011; 11: e27, Published online 2011 May 19

Surgical simulation and training-microsurgery

Authors W.-Y, Chan and Venkat Ramakrishnan  
February 2011

Developmental Breast Asymmetry

Authors: Woan Yi Chan, Bhagwat Mathur, Diana Sharman, Venkat Ramakrishnan

Source: The Breast Journal 2011 1-8

Immediate Breast Reconstruction with Free Flap does not delay Waiting Time to Commencement of Adjuvant Therapy when Compared to Mastectomy only Patients

Authors: D. Masud, J. Knight, B. Mathur, V. Ramakrishnan

Source: Surgery: Current Research 2011 S:1

Structured assessment of microsurgery skills in the clinical setting.

Authors: WoanYi Chan, Niri Niranjan, Venkat Ramakrishnan

Source: Journal of Plastic Reconstructive & Aesthetic Surgery: August 2010

The 'round-the-clock' training model for assessment microsurgical skills: A validation study"

**2011**

Authors: Woan-Yi-Chan, Andrea Figus, Chidi Ekowbi, Jeyaram R Srinivasan, V Ramakrishnan  
Source: Volume 63, Issue 8, August 2010, Pages 1323-1328

Breast Reconstruction: A quantitative assessment of the quality of information available to patients

Authors: C Macdonald, MS Lloyd, B Mathur, V Ramakrishnan PMID 20579949  
Source: Journal of Plastic and Reconstructive & Aesthetic Surgery 2010 June 23

Regeneration of Tendo-Achillis

Authors: AAH Parker, M Taylor, N Patel, V Ramakrishnan  
Source: The Journal of Bone and Joint Surgery Vol.92-B, No 6, June 2010

Microsurgery Training in an era of Reduced Working Hours

Authors: Woan-Yi Can, Fernando Bello, Venkat Ramakrishnan  
Source: Second International Conference for Surgical Education and Training May 2010, Dublin

The transverse myo-cutaneous gracilis flap: technical refinements

Authors: Adel Fattah, Andrea Figus, Bhagwat Mathur, Venkat Ramakrishnan  
Source: Volume 63, Issue 2, February 2010, Pages 305-313

Video-based Learning: An Adjunct to Learning Plastic Surgery Procedures

Authors: Woan-Yi Chan, Venkat Ramakrishnan  
Source: 2010 BAPRAS Meeting

Acute upper limb ischemia following chest wall reconstruction – A word of caution

Authors: D Kulendran, M Syed, S Shah, Ramakrishnan V  
Source: J Plastic Reconstr Aesthet Surg (2010) 63, e540ee542

Microsurgery training today and future

Authors: W Y Chan, J R Srinivasan, V Ramakrishnan  
Source: Volume 63, Issue 6, December 2009, Pages 1061-1063

2009

DIEP Flap with implant: a further option in optimizing breast reconstruction

Authors: Andrea Figus, Vanessa Canu, Fortune C Iwuagwu, Venkat Ramakrishnan  
Volume 62, Issue 9, September 2009, Pages 1118-1126

Management of Inguinal Lymphadenopathy: Immediate Sartorius Transportation and Reconstruction of recurrence with Pedicles ALT Flap

Authors: Gravvanis A, Caulfield R, Mathur B, Ramakrishnan V  
Source: Ann Plast Surg July 2009 19602946

Late post-operative hemorrhage from internal mammary perforators

Authors: Declan Collins, Afshin Mosahebi, Venkat Ramakrishnan  
Volume 62, Issue 6, June 2009, Pages 852-853

The 'round 'the -clock' training model for assessment and warm up of microsurgical skills: A validation study

Authors: Chan W, Figus A, Ekwobi C, Srinivasan J, Ramakrishnan V  
Source: Plast, Reconstr Aesthet Surgs June 2009

Free 'mini' groin flap for digital resurfacing.

Authors: M Tare, V Ramakrishnan

Source: The Journal of Hand Surgery, European volume: April 2009

Use of liga-clips in stopping microvascular anastomotic leaks

Authors: Anindya Lahiri, Mobin Syed, Venkat Ramakrishnan

Source: British Association of Plastic, Reconstructive and Aesthetic Surgeons doi:10.1016/j.bjps.2009.02.05

A large encapsulated seroma presenting as a mass 5 year-post paraumbilical hernia repair

Authors: Robert H Caulfield, Atoussa Maleki-Tabrizi, Farrukh Khan, Venkat Ramakrishnan

Source: Volume 62, Issue 1, January 2009, Pages 105-107

The transverse myocutaneous gracilis flap: technical refinements.

Authors: Fattah A, Figus A, Mathur B, Ramakrishnan V

Source: J Plastic Reconstr Aesthet Surg Jan 2009 19131289

Microsurgery training today and future

Authors: W Y Chan, J.R Srinivasan, V.V Ramakrishnan

Source: J Plast Reconstr Aesthet Surg (2009)

doi:10.1016/j.bjps.2009.11.038

Flap size/flow rate relationship in perforator flaps and its importance in DIEP flap drainage

Authors: C Rubino, V Ramakrishnan, A Figus, A Bulla, V Coscia  
Volume 62, Issue 12, October 2008, Pages 1666-1670

A theoretical model describing arterial flow in the DIEP flap related to number and size of perforator vessels

Authors: A Figus, V Ramakrishnan, C Rubino

2008

Source: Source: JPRAS, 2008 Jan 31 [Epub ahead of print]. J Plast Reconstr Aesthet Surg. 2008 Aug 28

Fat transfer using an epidural needle.

Authors: Wong CJ, Mathur B, Ramakrishnan V.

Source: J Plast Reconstr Aesthet Surg. 2008 Aug; 61(8):905. Epub 2008 Jun 16

DIEP flap with implant: a further option in optimizing breast reconstruction

Authors: Andrea Figus, Vanessa Canu, Fortune C. Iwuagwu and V Ramakrishnan

Source: doi:10.1016/j. BJPS 2007 12.089 and J Plast Reconstr Aesthet Surg. 2008 Jul 8. [Epub ahead of print]

Hemodynamic Changes in the Microcirculation of DIEP Flaps.

Authors: Figus, Andrea MD, Ramakrishnan, Venkat MS, FRCS, FRACS, Rubino Corrado MD

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Salvage of finger length in septicaemia necrosis using three free flaps from a single ALT donor site.

Authors: Caulfield RH, Maleki-Tabrizi A, Birch J, Ramakrishnan V

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Large dorsal intercostal perforator flap in extensive neurofibromatosis.

Authors: Bramhall RJ, Mathur B, Ramakrishnan V

Source: Plast Reconstr Surg. 2008 Jun;121(6):2178-9; author reply 2179-80

360-degree Microsurgical skills practice: a 'round-the-clock' training device.

Authors: Chan WY, Mishra A, Srinivasan JR, Ramakrishnan VV- accepted by JPRAS

Source: J Plastic Reconstructive Aesthetic Surgery Sept 2008; 61(9):1110-1. Epub May 2008

A simple innovation to improve recipient vessel exposure in the axilla during microvascular breast reconstruction with DIEAP flap

Authors: A Gravvanis, R Caulfield, V Ramakrishnan, N Niranjan

Source: Microsurgery. 2008;28(4):301-2

A novel splinting technique to protect free flaps around major joints

Authors: Caulfield RH, Maleki-Tabrizi A, Ramakrishnan V, Birch J  
J Trauma. 2008 Mar;64(3):E44-6

An unusual case of fibromatosis of the axilla.

Authors: Caulfield RH, Maleki-Tabrizi A, Birch J, Davies J, Sauven P, Ramakrishnan V.

Source: Breast J. 2008 Jan-Feb;14(1):110-2

Breast Reconstruction- State of Art

Indian Journal of Plastic Surgery: 2008

Recipient Vessel Exposure in the Axilla during Microvascular Breast Reconstruction

Authors: Andreas Gravvanis, Robert H Caulfield Venkat Ramakrishnan and Niri Nirajan

Source: Journal of Reconstructive Microsurgery/Volume24, Number 8 2008

Stacked free hemi-DIEP flaps: a method of autologous breast reconstruction in a patient with midline abdominal scarring

Authors: R S Ali, A Garrido, V Ramakrishnan

Source: J Reconstr Microsurg. 2008 Jan 11; [Epub ahead of print]

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The use of subcutaneous fat to facilitate drainage during wound closure.

Authors: Caulfield RH, Ramakrishnan V

Source: J Plast Reconstr Aesthet Surg. 2008 Jan 31; [Epub ahead of print] No abstract available. PMID: 18243081 [PubMed - as supplied by publisher]

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Nipple Reconstruction Using the Free Transfer of a Previously Reconstructed Nipple.

Authors: Caulfield RH, Maleki-Tabrizi A, Ramakrishnan V

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Authors: Ismail, Amir; Mosahebi, Afshin; Ramakrishnan, Venkat

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Aesthetic outcome of different techniques of reconstruction following nipple-areola-preserving envelope mastectomy with immediate reconstruction.

Authors: Mosahebi A, Ramakrishnan V, Gittos M, Collier J

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Authors: Caulfield RH, Maleki-Tabrizi A, Birch J, Ramakrishnan V

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Authors: Yoong P, Caulfield R, Ramakrishnan V

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Authors: Venkat Ramakrishnan, Makarand Tare

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Salvage of a DIEP flap using a retrograde flow anastomosis

Authors: Caulfield RH, Maleki-Tabrizi A, Mathur B, Ramakrishnan V

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Authors: A Figus, P Fioramonti, V Ramakrishnan

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The complications of 'cosmetic tourism' - an avoidable burden on the NHS.

Authors: Birch J, Caulfield R, Ramakrishnan V

Source: J Plast Reconstr Aesthet Surg. 2007;60(9):1075-7. Epub 2007 May 7. No abstract available PMID: 17482899 [PubMed - indexed for MEDLINE]

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Authors: Caulfield RH, Tabrizi AM, Ramakrishnan V

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Authors: Depasquale I, Ramakrishnan V

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### Microsurgical reconstruction of the breast: 'The versatile lower abdomen'

Author: Ramakrishnan VV

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### Trans-nasal endo-assisted pharyngoplasty: a cadaver study.

Authors: S Vadodaria, D Mowatt, V Ramakrishnan, S Jacob, E Freedlander

Source: British Journal of Plastic Surgery: August 2004

## 2003

### Satisfaction with immediate versus delayed reconstruction following mastectomy for breast cancer

Authors: L G Walker, D J Frizelle, G Spyrou, A Gallido, R Ali, V Ramakrishnan & DM Sharpe

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### Patient Satisfaction with immediate breast reconstruction in women undergoing mastectomy for breast cancer

Authors: D Frizelle, DM Sharp, L Davis, G Spyrou, A Garrido, R Ali, L Walker, V Ramakrishnan

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### Reconstruction of the natal cleft with perforator based flap

Authors: A Garrido, R Ali, V Ramakrishnan, G Spyrou & PRW Stanley

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### Stacked free hemi-DIEP flaps: a method of autologous breast reconstruction in a patient with midline abdominal scarring

Authors: R.S Ali, A. Garrido, V. Ramakrishnan

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Authors: Southern S, Coutinho M, Venkat Ramakrishnan V, Watt D, Fourie L, Sharpe D

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Authors: Bahia H, Platt A, Baguley P, Ramakrishnan V

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Authors: Khan M, Southern S, Ramakrishnan V

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Authors: Tzafetta R, Ahmed O, Bahia H, Venkat Ramakrishnan V

Source: Plastic & Reconstructive surgery (2001)

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Author: V. Venkat Ramakrishnan, O. Villafaña, S. Southern.

Source: Microsurgery, 2001, Vol. 21(2) 63-9

Endoscopic harvest of the rectus abdominis muscle.

Authors: Southern S, Ramakrishnan V

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Authors: Raurell A, Austin O, Venkat Ramakrishnan V

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Authors: Angela Gardiner, Geetinder Kaur, Victor Keng, V. V. Ramakrishnan, Graeme S. Duthie

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One staged endoscopic gracilo-plasty for faecal incontinence

Authors: Graeme S. Duthie, Angela Gardiner, Andrew S. Miller, Victor Keng, Geetinder Kaur, V. V. Ramakrishnan

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Authors: Venkat Ramakrishnan V, Southern S, Tzafetta R

Source: Annals of Plastic surgery 44(3), 250-258 (2000)

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Reconstruction of the high-risk chest wall with endoscopically assisted latissimus dorsi harvest and expander placement.

Authors: Ramakrishnan V, Southern SJ, Tzafetta R.

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Chloramphenicol use in plastic surgery.

Authors: Erel E, Platt AJ, Ramakrishnan V

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Authors: V Ramakrishnan, S Southern, N B Hart, K Tzafetta

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Authors: Kumar N, Venkat Ramakrishnan V, Southern S, Johnson G

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Minimizing blood loss in reduction mammoplasty by local infiltration

Authors: O. Villafañe, S. O'Sullivan, V. Venkat Ramakrishnan

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Penoscrotal necrosis complicating intravenous drug abuse

Authors: Bahia H, Moazzam A, Venkat Ramakrishnan V

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## 1998

The digital second opinion.

Authors: S Southern, V Ramakrishnan

Source: British Journal of Plastic Surgery: (1998) 51,649-653

Adaptation to the loss of the stereoscopic image in microsurgery.

Authors: S Southern, V Ramakrishnan

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Authors: S J Southern, V Ramakrishnan

Source: Microsurgery: February 1998

Endoscopic join the dots!

Authors: S J Southern, V Ramakrishnan

1997

Source: British Journal of Plastic Surgery: October 1998

Limb Salvage using Free Tissue transfer following Meningococcal Septicemia.

Authors: Ramakrishnan V, Krishna A, Damilakos P

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Re: Breast reconstruction after mastectomy without additional scarring: application of endoscopic latissimus dorsi muscle harvest.

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Source: Annals of Plastic Surgery: October 1998

Venous enhancement of a distally based islanded fascio-cutaneous flap.

Authors: S J Southern, V Ramakrishnan

Source: British Journal of Plastic Surgery: January 1998

Adipo-fascial flap harvest using endoscopic assistance (letter)

Authors: V Ramakrishnan & S Southern

Source: Annals of Plastic Surgery (1997) 39(5) 555-6

Endoscopically assisted latissimus dorsi harvest and prosthetic placement.

Authors: Ramakrishnan VV, Southern S, Villafane O

Source: Br J Plast Surg. 1997 Apr;50(3):219-20. No abstract available

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Endoscopic assisted reconstructive surgery – first 25 consecutive cases

Authors: V Ramakrishnan, S Southern, N B Hart, A Raurell

Source: British Assoc of Plastics Surgeons (presentation) 1997 Dec

Endoscopic breast reconstruction (letter)

Authors: V Ramakrishnan & S Southern

Source: Hospital Doctor 1997

Endoscopic harvest of latissimus dorsi plus rectus abdominis. Live Demonstration

Authors: V Ramakrishnan, S Southern, K Graham, G McGrouther

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Evaluations of Aesthetic results in breast reconstruction – an analysis of reliability

Authors: Venkat Ramakrishnan V, Southern S, Tzafetta R

Source: Annals of Plastic Surgery, 38(1), p85-86 .1997

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Authors: Venkat Ramakrishnan V, Mohan D, Krishna A, Chowdhary S

Source: Annals of Plastic Surgery, 39(1), p106-8 Letter. 1997

Lower limb salvage using parts of the contralateral amputated leg

Authors: V Venkat Ramakrishnan, S Southern, N B Hart, F Nieuwoudt & O Villafane

Source: International Journal of the care of the injured. Vol.28, No.7,1997

Scarpa's Fascia Flap for repair of wide scalp defects

Authors: Venkat Ramakrishnan V, Southern S

Source: Annals of Plastic Surgery (US), 37(3), p343-344 Letter 1997

Schwannoma of nasal tip

Authors: Mohan D, Krishna A, Venkat Ramakrishnan V-

Source: Annals of Plastic Surgery, 38 (1), p83-84 Letter. 1997

The Longest Pedicle for a Gastrocnemius Flap!

Authors: Venkat Ramakrishnan V, Mohan D, Krishna A et al

Source: Ann Plastic Surgery (United States), Jul 1997, 39(1) p106-8

Twin flap technique for nipple reconstruction.

Authors: Ramakrishnan VV, Mohan D, Villafane O, Krishna A.

Source: Ann Plast Surg. 1997 Sep;39(3):241-4.

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Video-Microsurgery. An alternative to the operating microscope

Authors: Villafane O, Southern S, Ramakrishnan V

Source: British Journal of Plastic Surgery (1997), 50, 294-296

Pathological tissue expansion.

Authors: A Raurell, S Southern, V Ramakrishnan

Source: Annals of Plastic Surgery: November 1997

Breast reduction and carcinoma in situ

Authors: O. Villafañe, P. Stanley, V. Venkat Ramakrishnan

Source: British Journal of Plastic Surgery 1996, Vol. 49, No 7, p499

Carcinoma in Reduction Mammoplasty

Authors: Villafane O, Stanley P, Venkat Rramakrishnan V

Source: British Journal of Plastic Surgery, Vol. 49(7) , p499-501

Letter. 1996

1996

Endoscopic reconstructive plastic surgery – a review of the state of the art

Authors: V Ramakrishnan & S Southern

Source: Min Invas Ther & Allied Technol 1997: 5/6: 448-457

Endoscopic Rectus Harvest. A Simplified Sheath-Saving Technique

Authors: V Ramakrishnan & S Southern

Source: Annals of Plastic Surgery, 1997. 39(6)573-77

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Author: Venkat Ramakrishnan

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Scarpa's adipo-fascial flap for repair of wide scalp defects.

Authors: Southern S, Ramakrishnan V

Source: Ann Plast Surg. 1996 Sep;37(3):343-4. PMID: 8883740  
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## 1992

Lateral arm flap in upper extremity reconstruction

Authors: Katsaros J, Zolte N, Tan E, Venkat Rramakrishnan V

Source: American Journal of Hand Surgery, Vol 16A,(4), p 598-604. 1992

Reconstruction of the axilla with a posterior arm fascio cutaneous flap

Authors; D.Elliott, L.Kangesu, C.Bainbridge and V

Venkataramakrishnan

Source: BJPS(1992),45, 101-104

## 1991

Further experience with the lateral arm free flap

Authors: J Katsaros, E Tan, N Zoltie, M Barton, Dr Venugopal Srinivasan,

V. Venkat Ramakrishnan

Source: Plastic and Reconstructive Surgery, May 1991, Vol. 87, No 5, 902-910

Posterior arm flap in Hidradenitis Suppurativa

Authors: ElliotD, Kangesu L, Bainbridge C, Venkataramakrishnan V

Source: British Journal of Plastic Surgery, Vol.45, (2), p 101-104.1991

The use of the lateral arm flap in upper limb surgery

Authors: James Katsaros, Eugene Tan, Nigel Zoltie, Venkat Ramakrishnan  
Source: The Journal of Hand Surgery 1991;16A:598-604

## PRESENTATIONS

2024

The Indian Breast Meeting (IBM)

State of art in Breast reconstruction  
Mumbai April 2024

National teaching programme webinars by BAPRAS

Oncoplastic breast: Alternate flaps in autologous breast reconstruction.  
February 2024

2023

British association of Plastic, Reconstructive and Aesthetic surgeons winter congress

How to get yourself out of trouble in free flap surgery  
Newcastle December 2023

International breast reconstruction and aesthetic surgery conference BRASCON 2023

Faculty member and provided three talks 17<sup>th</sup> – 19<sup>th</sup> November 2023, Lucknow

2022

Indian Society for Reconstructive Microsurgery – 15<sup>th</sup> Biennial Conference 07-09 January 2022

Faculty Member  
The Mukund Reddy Oration

Tata Memorial Centre – Annual Conference – 17-18 February 2022

Speaker  
Presentation: Breast Reconstruction (Partial, Whole)

Microsurgery – Where Are We? – Milan 24-25 March 2022

Faculty Member  
Presentation: The Evolution, from TRAM to DIEP -

Irish Associations of Plastic Surgeons – Summer Business and Scientific Meeting 12-13 May 2022

Speaker  
Presentation: The Evolution of Microsurgical Breast Reconstruction

2021

A to Z of Microvascular Anastomosis – Virtual Live Course 13 February 2021

Faculty  
Presentation: Coupler Anastomosis

## 2020

iBreastBook and G.RE.T.A. joint webinar – 6 March 2021

Speaker

Presentation: Basics of Cosmetic Breast Surgery

iBreastBook and G.RE.T.A. joint webinar – 10 April 2021

Speaker

Presentation: Breast Reconstruction, Free Flaps and Microsurgery

WSRM Meeting – 12 June 2021

Faculty

Presentation: Tips and Tricks for Breast Reconstruction

APSICON Virtual Conference – 22-24 October 2021

Faculty and Chairperson

Presentation: Aesthetics in Breast Reconstruction

ISRM Micro-Vidyalaya Webinar – 2 June 2020

Faculty

Presentation: An Overview of Microsurgical Breast Reconstruction

BAPRAS COVID 19 Webinar – 11 June 2020

Faculty

Presentation: Free Flap Breast Reconstruction

Breast Reconstruction and Aesthetic Surgery Conference – Kochi 15-17 February 2019

Faculty Member

Presentation: The DIEP Flap – Overview, Planning and Standardisation

Presentation: The DIEP Flap – Refinements

Presentation: Non-DIEP Free Flaps – LAP/TUG and PAP Flaps

BAPRAS Microsurgery Masterclass Oxford Mathematical Institute 20-21 May 2019

Chair, organizing committee

Chair – Breast Microsurgery Session

10th Congress of World Society for Reconstructive Microsurgery – Bologna 12-15 June 2019

Faculty Member

Moderator: From Implants to Flaps and Vice Versa

Presentation: Free Flaps and Implants in Breast Reconstruction

## 2018

Indian Society for Reconstructive Breast Surgery – Mumbai 16-18 March 2018

Faculty Member

Workshop: TUG Flap

President Lecture: Microsurgical Breast Reconstruction – A Constant Battle Between Beauty and Blood Supply

Danish Microsurgical Society – Copenhagen 12-13 April 2018

Faculty Member

Presentation: Avoiding Pitfalls and Improving Outcomes in DIEP Flap Breast Reconstruction

Presentation: Microsurgical Breast Reconstruction Sans DIEP

Presentation: Efficiency in Microsurgical Breast Reconstruction

European Federation of Societies for Microsurgery – Belgrade 5-8 May 2018

Faculty Member

Panel: Efficiency in Microsurgical Breast Reconstruction

Asian Pacific Federation of Societies for Reconstructive Microsurgery – Antalya 9-13 May 2018

Faculty Member

Presentation: Use of Intercostal Perforators as Recipient in Breast Reconstruction – Technical Tips

Presentation: Efficiency in Microsurgical Breast Reconstruction

London Breast Meeting 5-8 September 2018

Faculty Member

Presentation: Immediate Reconstruction in the Irradiated Breast

Presentation: Autologous Reconstruction Challenges: Large Breast, Small Tummy

Panel Chair: Autologous Reconstruction: The Donor Site

NATCON/Indian Association of Surgical Oncology – Cochin 20-23 September 2018

Faculty member

Panel: Breast Oncoplasty and Reconstruction

Panel: Management of Advanced Breast Cancer

Motibhai Oration: Breast Reconstruction Following Mastectomy

BAPRAS Winter Scientific Meeting - London 28-30 November 2018

Faculty Member

Chair: Microsurgery Session

American Society of Reconstructive Medicine - Hawaii 14-16 January 2017

Presentation: How to do the fastest DIEP

9<sup>th</sup> North of England Breast Cancer Symposium - Hull 29 April 2017

2017

Presentation: State of Art Surgical Techniques in Breast Reconstruction for Breast Cancer Women

World Society of Reconstructive Microsurgery - Korea 14-17 June 2017

Faculty member

Instructional course: Efficiency in Microsurgical Breast Reconstruction

Chair: Pursuing Efficiency with Quality breast reconstruction

Pan Thames Regional Study Day - RSM London 19 June 2017

Presentation: Lumbar perforator/PAP flaps

Presentation: How the boss does it

Live Rapid Free Flap Workshop – Hyderabad 27 August 2017

Live reconstruction surgery

London Breast Meeting 7-9 September 2017

Faculty member

Nurses program: Current trends in autologous breast reconstruction

Presentation: Efficiency in autologous breast reconstruction

Chair: Innovation in autologous flaps

Micro Surgical Masterclass – Manchester 11 – 12 October 2017

Chairman, organizing committee

Panel discussion on anastomotic technique

Why I choose the thoracodorsal vessels

Efficiency – how theatre time can be reduced safely

Lumbar artery perforator flap

Developing a successful microsurgical breast practice

12<sup>th</sup> HESPRAS Congress - Athens 18-21 October 2017

Invited Speaker and faculty member

Presentation: Alternatives to DIEP flaps

Presentation: Efficiency in microsurgical breast reconstruction

Fall meeting Dutch Society of Plastic Surgeons - Netherlands 3-4 November 2017

Invited Speaker

Presentation: Autologous breast reconstruction in patients with limited abdomen

Presentation: Efficiency in microsurgical breast reconstruction

## 2016

BAPRAS Winter Scientific Meeting - London 29 November – 1 December 2018

Gillies Lecture: Microsurgical Breast Reconstruction – A Constant Battle Between Beauty and Blood Supply

Barcelona Breast Meeting - Barcelona 16–18 March 2016

Faculty Member

Presentation: Cross fire Debate – The new paradigm: Breast Conservative Surgery versus Mastectomy and Immediate Breast Reconstruction

Presentation: Complications in Skin/Nipple sparing Mastectomies

Finnish Plastic Surgery Society Spring Meeting 2016 31 March–1 April 2016

Presentation: Tips and Tricks in raising a DIEP

Live Surgery – Jorvi Hospital

Presentation: Your philosophy about the efficiency in Microsurgery

BAPRAS Advanced Course in Plastic Surgery - Manchester 18-19 April 2016

Faculty Member

Presentation: Achieving consistent results in DIEP Flap breast reconstruction

Norwich Breast Meeting – ACRM 4-6 May 2016

Opening panel

Presentation: Imaging in Reconstructive Microsurgery

Presentation: Microsurgical Breast Reconstruction

Presentation: International Reconstructive Microsurgery Collaboration

Queen Victoria Hospital, Grinstead – 11 May 2016

Presentation: Efficiency in Microsurgical Breast Reconstruction

SCAPLAS & NMB 2016 - Sweden 16-18 June 2016

Presentation: Evolution and refinements in microsurgical breast reconstruction

Seminar: Efficiency in Microsurgery

BAPRAS Summer Scientific Meeting 2016 - London 29 June-1 July 2016

Presentation: Two Views in building efficient microsurgical services

MODERN CONCEPTS: BRA 2016 - Coventry 8-10 July 2016

Presentation: Vascular strategies to improve DIEP perfusion

Presentation: TUG Flap – technique and its applications

Presentation: Decision Tree in breast reconstruction – a personal approach

## 2015

### London Breast Meeting 8-10 September 2016

Chaired: Adjuvant Oncological Therapy and Reconstruction

Presentation: What is the limit for abdominal based autologous reconstruction BMI -age-previous abdominal surgery. Type of Pannus

Presentation: How to revise the unfavorable thigh donor site

Chaired: Tips and Tricks

### San Sebastian Microsurgical Breast Reconstruction Meeting - Spain 2-5 November 2016

Live demonstration of DIEP flap reconstruction

Presentation: Autologous breast reconstruction

### BAPRAS Microsurgery Meeting Norwich 14-16 November 2016

Presentation: Lumbar artery perforator flap

Dissection: First perforator flap cadaveric course

### Winter BAPRAS Meeting – London 23-25 November 2016

Chair: Microsurgery Special Interest Group

### BAPRAS Microsurgical Committee 1<sup>st</sup> Free perforator Flaps

### Cadaveric Course - Norwich 14 December 2016

Presentation: Lumbar Artery Perforator Flaps

### Anglia Ruskin University - Chelmsford 15 December 2016

Presentation: Perforator selection and dissection. Bi-pedicled /stacked and 4 flaps

Presentation: Recipient Vessels TDA V IMA – dissection, setup and technical tips

### WORLD Society of Reconstructive Microsurgery - India 19 March 2015

Guest Lecturer: Autologous Microsurgical Breast Reconstruction

### South End University Hospital – 18 April 2015 Introduction to Minor Surgery

Presentation: Introduction to Minor Surgery

### GP Learning Program Nuffield Health - Brentwood 9 May 2015

Presentation: Minor Surgery Workshop

Advanced Hands on Course in Microsurgical Breast Reconstruction – Athens 12-13 June 2015

Faculty member

Presentation: Internal mammary vs thoracodorsal vessels as recipients in microsurgical breast reconstruction

Presentation: Muscle-sparing free TRAM vs. DIEP flaps; How do I decide what to do

Presentation: Transverse Upper gracilis (TUG)

Presentation: Posterior Thigh perforator flap (PAP Flap)

Presentation: How to establish an effective microsurgical breast service

London Breast Meeting 4-5 September 2015 – Royal College of Physicians

Faculty Member

Presentation: Latest advances in autologous flaps for thin patients: PAP, LAP, LTP/DCIA

Presentation: Marking of DIEP, SGAP and TUG Flaps

Presentation: When and how to use expanders/implants and flaps

Chair: Surgery for Lymphoedema

ORBS 2015 - Nottingham 22-23 September 2015

Faculty Member

Presentation: Getting through a list and finishing on time. How can it be done?

Caribbean Association Plastic, Reconstructive and Aesthetic Surgeon – Barbados 26-29 October 2015

Faculty Member

Presentation: Risk Reducing Mastectomies; The UK Experience

Presentation: Efficiency in Microsurgical Breast Reconstruction

Presentation: Microsurgical Breast Reconstruction; The state of the Art

VIDEO: Tug Flap Breast Reconstruction.

BAPRAS- Winter Scientific Meeting - Birmingham 25-27 November 2015

Faculty Member

Chair: Microsurgery

Presentation: State of the Art microsurgery in Breast Reconstruction

International Hands on Course in Breast Reconstruction with Autologous Tissues - Athens 14-15 March 2014

2014

**2013**

Invited lecturer:

Internal Mammary vs Thoracodorsal Vessels as Recipients in Microsurgical Breast Reconstruction

Why not Implant-based Reconstruction?

North of England Oncology Association – 6th North of England Breast Cancer Symposium - Hull 26 April 2014

Presentation: State of the Art in the Management of Breast Reconstruction following Mastectomy for Breast Cancer

Advances and Controversies in Reconstructive Microsurgery - Norwich 20-21 May 2014

Faculty Member

Presentation: Effective Time Management in Free Flap Surgery

Presentation: Perforators as Recipient Vessels

3rd Meeting of the International Microsurgical Simulation Society - Naples 24 May 2014

Presentation: Efficiency in Microsurgery Procedures – A Challenge for Simulation, Teaching and Evaluation

London Breast Meeting 4-5 September 2014

Presentation: Risk Reducing Mastectomy (RRM) and reconstruction: Rise in numbers – UK Perspective

Presentation: How to Raise a TMG/PAP Flap

NATCON Indian Association of Surgical Oncology - Chennai 19-21 September 2014

Presentation: Oncoplastic Breast Surgery

SICPRE 2014 Italian Society of Plastic, Reconstructive & Aesthetic Surgeons – Bergamo 13-14 October 2014

Presentation: Improving the Efficiency of the Service Delivery in Microsurgical Breast Reconstruction

Presentation: TUG Flap Reconstruction

34th Congress of the European Society of Surgical Oncology in partnership with BASO – Liverpool 29- 31 October 2014

Presentation: The Decision-Making Tree in Postmastectomy Breast Reconstruction 2014

Royal Society of Medicine - London 9 December 2014

Presentation: The Place of Microsurgical Breast Reconstruction in the Contemporary Care of the Breast Cancer Patient

Barcelona Breast Meeting - 'Redefining Breast Surgery: Sharing experience and building knowledge' 13-15 March 2013

Faculty Member

Presentation: DIEP flaps in a slimmer patient

Presentation: The use of implants with free tissue transfer in breast reconstruction

Presentation: Mentor Breast Team Symposium: A patient centric breast reconstruction approach for the optimum outcomes focusing on science and quality

BAPRAS Advanced Educational Courses in Plastic Surgery: Course 7 Cosmetic Breast Surgery - Manchester 14-15 April 2013

Faculty Member

Presentation: Concepts in management of developmental breast asymmetry

Plasticon: Mirco surgery Training Program - Bangladesh 21-29 May 2013

Instructor in Basic and Advanced Techniques in Microsurgery

Fifth European Plastic Surgery Research Council - Hamburg 22 – 25 August 2013

Presentation: The theories of perfusion zones of Deep Inferior Epigastric Perforator (DIEP) free flap – a clinical assessment using tissue oximetry method (presented in absentia)

Aesthetics 2013 – Learning from each Other - New Delhi 23-25 August 2013

Chair – Symposium on Breast Augmentation

Fifth International Meeting of Oncoplastic and Reconstructive Breast Surgery - Nottingham 23-25 September 2013

Faculty Member

Presentation: Indications and Outcome of Non-Abdominal Free Flaps

Presentation: Raising a TUG and PAP Flap

Conference, Anglia Ruskin University - Chelmsford 4-5 November 2013

Reconstructive & Aesthetic Breast Surgery: 'Controversies & Technical Challenges' – St Andrews Centre for Plastic Surgery and Burns

Chairman, Organising committee

The BAPRAS and IAPS Winter Scientific Meeting - Dublin 28-29 November 2013

Faculty Member

Presentation: The theories of perfusion zones of Deep Inferior Epigastric Perforator (DIEP) free flap – a clinical assessment using tissue oximetry method

Wellesley GP Seminar – South end 30 November 2013

Presentation: Plastic Surgery of the Breast

## 2012

Mentor Meeting, Chennai 6-8 February 2012

Presentation: Breast Reconstruction-the state of play

Presentation: Myths about implant-based reconstruction

Duke Breast Perforator Course - North Carolina, USA 25-26

February 2012

Faculty member

Presentation: Demonstration of the flap dissection

Lecture on TMG/TUG Flaps

BAPRAS Advanced Educational Courses in Plastic Surgery, Course 6:

Breast Reconstruction - Manchester 18-19 April 2012

Faculty member

Presentation: TUG Flaps in Breast Reconstruction

1<sup>st</sup> International Congress of The Association of Breast Surgeons of India -

Absicon 2012 - Hyderabad, India 19-20 May 2012

Guest Lecturer

Presentation: The state of art in breast reconstruction

Presentation: Guidelines on breast reconstruction

Inaugural meeting of International Microsurgery Simulation

Society. Queen Mary's University - London 30 June 2012

Modern Concepts 'Body Sculpting and Trunk Reconstruction' -

Coventry 3-5 October 2012

Faculty Member

Presentation: Microsurgical reconstruction of difficult chest wall surgery

Sydney International Breast Cancer Congress 2012 Conference 23-

28 October 2012

Keynote Speaker

Presentation: How I do an LD flap reconstruction?

Presentation: Lipofilling: Is Australia ready: The How, When & Why

Presentation: The DIEP flap-evolution, training and service delivery

Presentation: Oncoplastic Surgery 'What's happening in the UK?

Presentation: Breast Surgery: Reconstruction Options'

6<sup>th</sup> Breast Reconstruction for Nurses, Royal College of Surgeons -

London 5 November 2012

Presentation: Immediate and delayed reconstruction options following mastectomy

## 2011

Reconstructive & Aesthetic Breast Surgery 'Controversies & Technical Challenges', Anglia Ruskin University – Chelmsford 16-17 November 2012

Faculty Member

Presentation: Implant Adjuncts: Mesh

Presentation: Advanced Chest Wall Malignancy- Resurfacing Strategies

Presentation: Slimmer Patient Alternatives- DIEPS bi pedicled, stacked plus implants

Chair: Service Delivery of DIEPs, Augmentation

BAPRAS Winter Scientific Meeting, RCS - London 4-7 December 2012

Faculty Member

Presentation: Free Flap Breast reconstruction- 'Avoiding pitfalls and improving aesthetic outcomes'

Presentation: Perforator flaps in chest wall and breast reconstruction

Madras State Medical Association Annual Meeting – London 1 May 2011

Presentation: Symposium on Recent Advances in Medicine & Surgery

BAPRAS Summer Scientific Meeting - Oxford 8 July 2011

Session chair

Breast Symposium, Department of Plastic & Reconstructive Surgery - Adelaide 9-10 August 2011

Cadaver Breast Reconstruction Workshop-Video presentation 'TUG Flap'

Presentation: DIEP Flaps in Slimmer Patients

Presentation: Microcirculation in DIEP Flaps

Presentation: Delivery of A High-Volume DIEP Service

46<sup>th</sup> Annual Conference of the Association of Plastic Surgeons of India 7-11 September 2011

Live Surgery Demonstration

Guest Lecturer: Achieving Excellence in Breast Reconstruction

Mentor Reconstruction Summit – Windsor 15-16 December 2011

Presentation: MDT approach in Breast Cancer Care

**2010**

'Shaping the Future of the Breast' Mentor - Birmingham 25 March 2010

Presentation: Enhanced projection: augmentation with adjustable implants

Joint Congress of the Association of Surgeons of India and The Royal College Surgeons England – Bangalore 12–14: May 2010.

Presentation: Masterclass in Breast Reconstruction

21st Annual EURAPS Meeting & One Day Symposium on "How Science and Industry will affect your practice -now!" - Manchester May: 27-29 2010

Presentation: 'Da Vinci Surgical System'

Modern Concepts – Breast Aesthetics and Reconstruction Meeting – Coventry 8-10 July 2010

Presentation: 'TUG Flap'

Presentation: Delivery of High-Volume DIEP services in the UK

Presentation: DIEP Flaps in patients with limited abdominal tissue and/or larger breasts

Shaping the Future of the Breast 'A Reconstruction Masterclass'- Mentor - Birmingham  
12 October 2010

Presentation: Tips and Tricks for a Great Aesthetic Result-Free Flaps with implant

Debate: Which is the Gold Standard Breast Reconstruction?

13<sup>th</sup> International Course on Perforator Flaps – Mexico City 27-30 October 2010

Presentation: The DIEP flap, step by step

Presentation: Report from the 12<sup>th</sup> International Course on Perforator Flaps in Combaitore, India

Presentation: Non-invasive Assessment of vascular compromise in free perforator flaps, via the Pulsatile index (PI) using a hand-held continuous wave Doppler ultrasound'

Session Chair: Free Paper session & Morning Lecture Session  
Live Demonstration of Surgical technique

5<sup>th</sup> Annual Breast Reconstruction for Nurses Course-Royal College of Surgeons – London 19 November 2010.

Presentation: TUG flap

Tibia Masterclass RCS - London 11-12 March 2009

Presentation: Flaps-When and What

**2009**

Breast Screening Nurses Study Day, Robinson College – Cambridge  
11 May 2009

Presentation: Prophylactic mastectomy and breast reconstruction

Smith and Nephew Burns Training Week - Broomfield Hospital,  
Chelmsford 23 June 2009

Presentation: Lecture-Reconstruction and Grafting

Breast Reconstruction Nurses Study Day - Brentwood 27 June 2009

Presentation: DIEP and TUG flap

44<sup>th</sup> Apsicon Annual Conference - Chennai 5-9 August 2009

Presentation: Liposculpturing

Susruta Oration

Clash of the Titans-debate on Breast Reconstruction

University of Sassari - Sardinia 31 August-4 September 2009.

Position of visiting Professor

DIEP Masterclass

Presentation: DIEP

Presentation: TUG

Presentation: Free flaps for lower leg trauma

GP Learning Programme, Nuffield Health Hospital - Brentwood 6  
October 2009

Presentation: Breast Reconstruction

The Douglas Murray Prize & Mercian Travelling Fellowship Award,  
University Hospital Birmingham 31 October 2009

Presentation: Microsurgery-Past, Present and Future

Presentation: Microsurgical reconstruction of the Breast

4<sup>th</sup> Breast Reconstruction for Nurses-State of the Art, RCS – London  
6 November 2009

Presentation: How to do a DIEP flap

BHHS Autumn Scientific Meeting - Nottingham 13 November 2009

Presentation: Free Tissue Transfers for Resurfacing of the Upper Limb

‘Train the Trainer’- Broomfield Hospital - Chelmsford 28 November  
2009

Attended all day course on teaching essential training skills

Cambridge Breast Reconstruction - Cambridge 2008

Presentation: The state of the art IN Breast reconstruction - The Essex Breast audit

2008

## 2007

Indian Society for Reconstructive Microsurgery - New Delhi 22-24 Feb 2008

Presentation: Reconstructive Microsurgery Past, Present & Future

Presentation: DIEP Flaps

Presentation: TUG flap reconstruction & breast

Plastic and Reconstructive Surgery Conjoint Annual Scientific Congress of the Royal Australian College of Surgeons and The College of Surgeons of Hong Kong - Hong Kong 12-16 May 2008

Keynote Speaker:

Presentation: Analysis of Perforator Flaps

Presentation: Obtaining perfect results from perforator flaps

Breast Reconstruction Symposium: DIEP Flaps

Masterclass: Perforator Flap Dissection Course

2<sup>nd</sup> Hong Kong International Burns and Wound Healing Symposium - Hong Kong 17-19 May 2008

Lecture: Perforator Flaps in Breast Reconstruction

Lecture: Breast Augmentation - How to do it

Minor Surgery Workshop

Perforator Course - India 9-12 September 2008

Deputy Secretary General & Chief Scientific Committee

Lecture: Circulation in Perforator Flaps

West Midlands National Plastic & Burns Surgery Meeting – Birmingham 27 Oct 2007

Presentation: An assessment and feedback method of clinical microsurgery competence.

Awarded Douglas Murray Prize 2007 for best paper presented

Birmingham Breast Meeting - Birmingham Oct 2007

Presentation: Advance Plastic Surgery of the Breast – Lipo modelling and Vascularised Fat Transfer in Aesthetic and reconstructive surgery of the breast. – awarded Kilner Prize 2007 for best paper presented and due to be presented at 9th Congress of the European Federation of Microsurgical Societies, June 12-14 2008 Turku, Finland

BAPRAS Winter Scientific Meeting - London 5 Dec 2007

Presentation: Vascularised fat reconstruction after risk reducing mastectomy

Presentation: Advance Plastic Surgery of the Breast – Lipo modelling and Vascularised Fat Transfer in Aesthetic and reconstructive surgery of the breast

14<sup>th</sup> International Congress of IPRAS – Berlin 26-30 June 2007.

## 2002

Presentation: Concepts and our experience in developmental breast asymmetry

BSSH annual meeting - London UK 2007

Presentation: Management and operative sequence of DIEP flap

2<sup>nd</sup> Breast Reconstruction Course for Nurses, RCS - London 29 October 2007

British Psychological Society Division of Health Psychology Annual Conference - Sheffield 2002

Poster Presentation: Satisfaction with immediate and delayed breast reconstruction following mastectomy for breast cancer

BAPS Summer Scientific Meeting – London 2002

Presentation: The effect of immediate breast reconstruction on patient satisfaction

Presentation: Small free groin flap for reconstruction of soft tissue defects of the digits

BAPS Winter Scientific Meeting RCSE - London

Presentation: The Deep Inferior Epigastric Perforator Flap (DIEP) Artery-Superficial Inferior Epigastric Vein (SIEV) Hybrid flap

British Psychological Society Annual Conference - Blackpool 2002

Presentation: Patient Adaption and satisfaction with breast reconstruction: immediate vs. delayed

## 2001

BAPS Summer Meeting - Stirling 2001

Presentation: Aesthetic and psychosocial outcome of immediate breast reconstructions following mastectomy

Presentation: A comparison of VY flaps and Skin grafting for lower limb defects

BAPS Summer Meeting. RCSE - London 2001

Presentation: The Aesthetic Outcome of Breast Reconstruction

Presentation: The Aesthetic & Psychological outcome of Immediate breast reconstruction following mastectomy for breast cancer

5<sup>th</sup> Hellenic Plastic Surgery Congress - Greece November 2001

Presentation: The Deep Inferior Epigastric Perforator (DIEP) Artery-Superficial Inferior Epigastric Vein (SIEV) Hybrid Flap

Presentation: A Comparison of Perforator based V-Y Advancement Flaps with Split-Skin grafting in reconstruction of Lower Limb Defects

BAPS Winter Scientific Meeting. RCSE – London 2001

## 1999

Presentation: Immediate v. Delayed Breast Reconstruction  
Presentation: Natal Cleft Reconstruction with perforator-based Flap

The Annual Meeting of the British Psychosocial Oncology Society, Royal Marsden – London December 2001

Presentation: Patient satisfaction with immediate breast reconstruction in women undergoing mastectomy for breast cancer

3<sup>rd</sup> Congress of the Asian Pacific Federation of Societies for the surgery of the Hand – Madras 2000

Presentation: Endoscope assisted harvest of Gracilis muscle for use in functional muscle transfer

British Association of Plastic Surgeons Summer Meeting – Belfast 1999

Presentation: Factors affecting outcome in post-mastectomy breast reconstructions

12<sup>th</sup> Congress of the International Confederation for Plastic, Reconstructive and Aesthetic - San Francisco, USA 1999

Presentation: Endoscopically assisted reconstruction in high risk chest wall

Presentation: Optic space maintenance in soft tissue endoscopy

Winter BAPS meeting - London 1999

Presentation: Scarpa fascia flap (its uses in facial augmentation)

## 1998

British Breast Group – Nottingham 1998

Presentation: Twin flap technique for nipple reconstruction

SASES, Sun City - South Africa 1998

Presentation: Endoscopically assisted soft tissue surgery: a new tool for the reconstructive surgeon

International Congress of the Society for Minimal Invasive Surgery – London 1998

Presentation: Assessing the role of endoscopically assisted soft tissue techniques in reconstructive surgery: An analysis of first 40 cases

International Congress of Microsurgery - Greece 1998

Presentation: Deep inferior epigastric artery flap – a new flap

Presentation: Video microsurgery – an alternative to operating microscope?

**1997**

Annual Meeting of the Association of Endoscopic Surgeons of Great Britain and Ireland – Edinburgh 1998

Guest Lecture: Endoscopically assisted reconstructive surgery – The state of the art

Annual conference of the Association of Plastic Surgeons of India - Calcutta 1998

Presentation: Free groin flaps revisited

British Association of Plastic Surgeons Winter Meeting - London 1998

Presentation: Video microsurgery – A future alternative to the operating microscope

British Association of Plastic Surgeons Summer Meeting – Colchester 1998

Presentation: Soft tissue endoscopy: Basic concepts of muscle harvest

British Association of Plastic Surgeons Winter Meeting – London 1997

Presentation: Endoscopically assisted soft tissue surgery

British Association of Aesthetic Plastic Surgeons - London 1997

Presentation: Endoscopically assisted latissimus harvest for breast reconstruction

British Association of Aesthetic Plastic Surgeons 3 December 1996

Presentation: Endoscopically assisted latissimus dorsi harvest for breast reconstruction

**1996**

**1995**

**1994**

**1992**

APSICON: National Conference on Reconstructive Microsurgery – India 1994

Presentation: Free gracilis dynamic muscle transfer for Volkmann's ischemic contracture

APSICON: National Conference on Reconstructive Microsurgery – India 1992

Presentation: Breast reconstruction with free TRAM flaps